

AMENITIES

- ◆ **Men's Transitional Program.** Located at the original Harbor House site on East Capital Street, this facility is a converted bungalow with eight bedrooms, three baths, kitchen, dining room, group rooms, and counselor's offices. Clients are assigned two or three to a room where they have private dressers, lockers, etc. They may bring a vehicle (with current drivers license, tags, & insurance) to park in the enclosed, locked parking lot or catch the bus in front of the building. A staff member is on site twenty-four hours/day at this location.
- ◆ **Women's Transitional Program.** Located on the main campus on I-55, directly behind the main building, this facility was constructed in 2001 specifically to house this program. There are two separate units in the cottage, each with two bedrooms, a kitchen, and living room. Six clients are assigned to each unit, three to a bedroom, with personal dressers, nightstands, and shared bath and closet space. Clients may bring personal vehicles (with current drivers license, tags, & insurance) to be parked in the employee parking lot or use the Harbor House van for transportation to and from work, etc. The staff at the main facility is available at all times to these clients twenty-four hours/day.

HARBOR HOUSE RECOVERY CENTER



TRANSITIONAL PROGRAM FOR MEN & WOMEN

CRITERIA PROGRAMS AMENITIES

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CRITERIA FOR ADMISSION

- ◆ The completion of at least thirty days of primary treatment immediately prior to application for admission.
- ◆ Completion of steps one through five of the AA Twelve Step program. *
- ◆ Recommendation by primary treatment counselor based on:
 - 1) Willingness and ability to work.
 - 2) Readiness for challenge that combines freedom with responsibility.
 - 3) Assessment of sincerity to learn and practice program of recovery.
- ◆ Personal identification (valid driver's license or an official picture ID).
- ◆ Sponsorship by Vocational Rehabilitation Services or 50% of total fee.
 - 1) Total fee of \$1,000.00 requires \$500.00 be paid on admission with remainder due in 30 days.
 - 2) In cases where VR funding is pending, clients will sign a promissory note for the full amount.
- ◆ Clients referred from programs that do not require completion of all steps may request Harbor House forms for step 4 in order that clients are prepared to present step 5 on arrival. In some cases this may require an extension of up to one week in the primary facility.

TRANSITIONAL PROGRAMS

- ◆ **Budgeting/Banking Skills:** All clients learn to budget their money, plan for their expenses, and establish a savings account.
- ◆ **Cooking/Shopping Skills:** Clients plan and prepare their own meals with guidance toward developing healthy menus and economical shopping skills.
- ◆ **Jobs/Career Development:** All clients are required to find jobs within 30 days. They are encouraged to prepare a resume and practice interview techniques in group.
- ◆ **Alcoholics/Narcotics Anonymous:** Clients are required to attend meetings and work with a sponsor in order to integrate into the recovery community.
- ◆ **Time Management Skills:** Each client has the responsibility for scheduling time for chores, work, group, and therapy sessions each week as well as family visits on Sundays.
- ◆ **Group/Individual Therapy:** Clients continue to receive weekly sessions for both individual and group therapy to work on personal goals.
- ◆ **Phase III:** An extended program is offered (for male clients who qualify) that allows for up to one year of treatment at Harbor House. Selected clients must then take on a leadership role by assuming some of the organizational tasks of running and operating the program.