



H A R B O R
H O U S E
C H E M I C A L
D E P E N D E N C Y
S E R V I C E S

RESTORING
INDIVIDUALS,
FAMILIES &
COMMUNITIES

MAIN CAMPUS

5354 I-55 South Frontage Road East
Jackson, Mississippi 39272-9119
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(FAX) 601-371-3217

MEN'S TRANSITIONAL

1019 West Capitol Street
Jackson, Mississippi 39203-2634
(TEL) 601-355-0061

www.hhjackson.org

WELCOME

Welcome to Harbor House Chemical Dependency Services, one of the region's premier not-for-profit, community-based addiction treatment providers. Our skilled Treatment Team has delivered services to over 10,000 men and women since 1973.



OUR MISSION

Our mission is to offer a continuum of high quality, affordable and effective chemical dependency treatment services and programs for adults and their families, including those who cannot afford private treatment facilities.

OUR TREATMENT PHILOSOPHY

Our treatment philosophy is based on rehabilitating each individual's mind, body and spirit. We believe that addiction is a treatable illness, that it can be overcome by following a Twelve Step recovery program such as that used by Alcoholics Anonymous and Narcotics Anonymous and that residents of our community have a right to have access to high quality treatment services.

Consistent with our mission, Harbor House is committed to creating a supportive and nurturing environment for individuals to begin to experience the benefits of sobriety and start the healing process.

We believe that addiction affects a person biologically, psychologically, spiritually, emotionally and socially. We also know that addiction creates special problems for families and communities which must be taken into account during the treatment planning process. The unique needs of each individual are reflected in the personalized treatment plans that are developed for each client.

RESPONSIBILITIES OF CLIENTS

Individuals admitted to Harbor House assume a great deal of responsibility for their care and personal growth. They are treated with respect and dignity and are provided with all available information so that they can make informed decisions about their care.

Recovery begins when clients accept and admit that they have a problem, that they are powerless over their addiction and that their lives are unmanageable. They must be willing to go to any length to achieve and maintain sobriety, be honest with themselves and others and be thorough in examining all areas of their life, including their relationships and patterns of living. Old ideas and behaviors need to be discarded and replaced with new healthy skills and coping mechanisms.

SPIRITUAL DISCOVERY

An important part of all Twelve Step recovery programs deal with spiritual discovery. Part of the recovery process is realizing that there is a power greater than the power of each individual. An individual's road to prolonged sobriety can best be achieved by developing a relationship with a Higher Power that is meaningful to that individual. We are very respectful of each person's individual spiritual and religious beliefs. Twelve Step recovery programs deal with spirituality, not religion. We believe that what's important for each individual is the journey, the searching associated with finding spiritual meaning which will support a solid recovery program.

PROGRAMS

Harbor House is proud to offer a continuum of residential programs, including primary (six to eight weeks) and secondary (sixty days) care for men and women and extended care (up to one year) for men. We also offer Outreach and Aftercare services for men and women, a Family Program, a DUI Diagnostic Assessment Service and an adventure-based Ropes Course. Detailed information on each program can be found at www.hhjackson.org. All of Harbor House's programs are certified by the State of Mississippi Department of Mental Health.

CERTIFICATION

Harbor House is certified by the State Department of Mental Health to operate 77 residential treatment beds at two locations in Jackson, Mississippi. The Main Campus has a total of 58 beds for the primary care residential treatment program for men and women and the secondary care residential treatment program for women. The downtown Jackson campus has a total of 19 beds for men in the secondary and extended care residential treatment programs.

Harbor House Chemical Dependency Services receives financial support from the Mississippi Department of Mental Health, the Mississippi Department of Rehabilitation Services, the City of Jackson, the Hinds County Mental Health Commission, private foundations, corporations and individuals.



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In accordance with federal and State laws, Harbor Houses of Jackson, Inc. does not discriminate against any program participant/beneficiary, applicant or employee because of race, color, religion, sex, national origin, familial status, age, political belief or affiliation or handicap.